



## 2025 Men's Region 4 Championships

### \*\*Competition Schedule\*\*

#### THURSDAY, APRIL 3, 2025

<b>OPEN WORKOUT</b>	5:30PM – 7:30PM	<b>Levels 8-10 Only</b> <i>Every athlete must be accompanied by a coach.</i>
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#### FRIDAY, APRIL 4, 2025

<b>SESSION FR1</b>	8:00AM – 11:30AM	Technical Sequences (Lev 8-10 JE Athletes)
<b>SESSION FR2</b>	11:40PM – 4:25PM	Levels 7
<b>SESSION FR3</b>	4:35PM – 8:55PM	Level 5 & Level 6D1

#### SATURDAY, APRIL 5, 2025

<b>SESSION SA1</b>	8:00AM – 11:45AM	Level 9 JN
<b>SESSION SA2</b>	11:55AM – 4:30PM	Level 9 JE & Level 10 SR (Ages 18+)
<b>SESSION SA3</b>	4:40PM – 9:00PM	Level 10 JR (Ages 16-17)

***The age determination date is December 31, 2025. Level 10 athletes will compete in the appropriate session based on their age as of December 31, 2025.***

#### SUNDAY, APRIL 6, 2025

<b>SESSION SU1</b>	8:00AM – 12:05PM	Level 6 JE Future Stars & Level 8
<b>SESSION SU2</b>	12:15PM – 3:40PM	Level 3
<b>SESSION SU3</b>	3:50PM – 7:40PM	Level 4

***Individual awards will immediately follow each session. Athletes will be divided into equal age groups based upon the total number of athletes in each respective level/division.***

***Academic All-American Awards will take place at the beginning of each awards ceremony (if applicable).***